
Katelyn F. Romm, M.S.

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EDUCATION

Doctor of Philosophy, Psychology, *in progress*, expected May 2020

“Adolescents’ interpretations of parental psychological control: The role of beliefs and disapproval on problematic outcomes”

Advisor: Aaron Metzger, Ph.D.

West Virginia University, Morgantown, WV

Master of Science, Psychology, May 2017

“Parental psychological control and adolescent problem behaviors: The role of depressive symptoms”

Advisor: Aaron Metzger, Ph.D.

West Virginia University, Morgantown, WV

Bachelor of Science, *Summa Cum Laude*, Psychology, May 2013

York College of Pennsylvania, York, PA

HONORS & AWARDS

- [2019] WVU’s Department of Psychology Philip E. Comer Award for Outstanding Graduate Student Teaching Assistant
- [2018] Recipient of a WVU Foundation Distinguished Doctoral Scholarship (\$5000)
WVU’s Department of Psychology Graduate Student Award for Outstanding Service
- [2016-2018] WVU’s Department of Psychology Graduate Student Travel Award
- [2017] Society for Research in Child Development Student Travel Award (\$300)
- [2013] Carmen H. Owen Award for Outstanding Research in Psychology, *York College of Pennsylvania*
Behavioral Sciences Department Recognition Award, *York College of Pennsylvania*
- [2009-2013] All Academic Award, *York College of Pennsylvania*

PUBLICATIONS

Romm, K. F., Barry, C. M., Kotchick, B. A., DiDonato, T. E., & Barnett, J. E. (2018). Parental psychological control and identity: The roles of warmth, gender, and ethnicity. *Journal of Adult Development*, 1-16. <http://dx.doi.org/10.1007/s10804-018-9303-3>

- Romm, K. F.,** & Metzger, A. (2018). Parental psychological control and adolescent problem behaviors: The role of depressive symptoms. *Journal of Child and Family Studies*. 1-11. <http://dx.doi.org/10.1007/s10826-018-1064-x>
- Metzger, A., Babskie, E., Olson, R., & **Romm, K.** (2016). A social domain approach to informant discrepancies in parental monitoring and adolescent disclosure. *Journal of Youth and Adolescence*, 45, (10), 2138-2150. <http://dx.doi.org/10.1007/s10964-016-0502.6>
- Romm, K. F.,** Alvis, L. M., & Metzger, A. (under review). Parental psychological control and adolescent problematic outcomes: A multidimensional approach.
- Romm, K. F.,** Barry, C. M., & Alvis, L. M. (under review). How the rich get riskier: The role of parenting on affluent emerging adults' risk behaviors.
- Metzger, A., **Romm, K. F.,** Alvis, L. M., Babskie, E. (under review). "It's none of your business": Adolescents' reasons for keeping secrets about their engagement in problem behaviors. *Journal of Child and Family Studies*.
- Metzger, A., Alvis, L., **Romm, K. F.,** Wray-Lake, L., & Syversten, A. (under review). The election of Donald Trump: An adolescent perspective. *Journal of Research on Adolescence*.
- Romm, K. F.,** & Metzger, A. M. (in prep). Patterns of parenting behaviors: Associations with adolescents' problematic outcomes.
- Thomas, C., Wilson, T., **Romm, K. F.,** & Gentzler, A. (in prep). Parental emotion socialization styles as a protective factor against helicopter parenting in adolescence.
- Romm, K. F.,** Turiano, N. A., Gentzler, A., & Metzger, A. (in prep). Transitions in risk-behavior profiles among first-year college students.
- Metzger, A., **Romm, K. F.,** & Rote, W. (in prep). Adolescents' beliefs about problem eating: A person-centered approach.

CONFERENCE PRESENTATIONS

- Romm, K. F.,** & Metzger, A. (2019, March). *Parental psychological control and adolescents' domain-specific secrecy and disclosure*. Poster to be presented at the meeting of the Society for Research in Child Development, Baltimore, MD.
- Romm, K. F.,** Turiano, N. A., Gentzler, A., & Metzger, A. (2019, March). *Parental attachment and patterns of adolescents' health-risk behaviors* Poster to be presented at the meeting of the Society for Research in Child Development, Baltimore, MD.
- Turiano, N. A., **Romm, K. F.,** Blank, M. D., Gentzler, A., Giacobbi, P., & Dino, G. A. (2019, March). *Early familial experiences predict mental health and substance use patterns during the transition to college*. Poster to be presented at the meeting of the Society for Research in Child Development, Baltimore, MD.
- Metzger, A., **Romm, K. F.,** & Rote, W. (2019, March). *Adolescents' beliefs about problem eating: A person-centered approach*. Poster to be presented at the meeting of the Society for Research in Child Development, Baltimore, MD.

- Metzger, A., **Romm, K. F.**, & Alvis, L. M. (2018, April). *Youth civic engagement and developmental competencies: An examination of age-specific links*. Talk presented at the meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Romm, K. F.**, Metzger, A., & Alvis, L. M. (2018, April). *Dimensions of parental psychological control and adolescent outcomes: The role of autonomy*. Poster presented at the meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Romm, K. F.**, & Metzger, A. (2018, April). *Patterns of parenting behaviors: Associations with adolescent problematic outcomes*. Poster presented at the meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Romm, K. F.**, Barry, C. M., & Alvis, L. M. (2017, November). *How the rich get riskier: The role of parenting on affluent emerging adults' risk behaviors*. Paper presented at the 8th Conference of the Society for the Study of Emerging Adulthood, Washington, DC. Symposium Title: *The role of parenting on emerging adult outcomes: A mixed-methods and cross-cultural approach*, chaired.
- Romm, K. F.**, Alvis, L. M., & Metzger, A. (2017, April). *Parental psychological control and adolescent problem behaviors: The role of depressive symptoms*. Poster presented at the meeting of the Society for Research in Child Development, Austin, TX.
- Romm, K. F.**, Alvis, L. M., & Metzger, A. (2017, April). *Associations between parental psychological control and adolescent outcomes: A multidimensional approach*. Poster presented at the meeting of the Society for Research in Child Development, Austin, TX.
- Alvis, L. M., **Romm, K. F.**, & Metzger, A. (2017, April). *Reciprocal effects of youth political beliefs and political discussion: A panel analysis*. Poster presented for the meeting of the Society for Research in Child Development, Austin, TX.
- Romm, K. F.**, Barry, C. M., Kotchick, B. A., DiDonato, T. E., & Barnett, J. E. (2015, October). *Parental psychological control and identity development during emerging adulthood: The moderating roles of parental warmth, ethnicity, and family income*. Poster presented at the Conference on Emerging Adulthood, Miami, FL.
- Romm, K. F.**, Barry, C. M., Kotchick, B. A., DiDonato, T. E., & Barnett, J. E. (2015, April). *Parental psychological control and identity development during emerging adulthood: The moderating roles of parental warmth, ethnicity, and family income*. Poster presented at the Sixth Annual Emerging Scholars Celebration of Graduate Research, Baltimore, MD.
- Romm, K. F.**, Engler, J. N., & Strassle, C. G. (2014, May). *Marital status and mental health during pregnancy: Risk factors for postpartum depression*. Poster presented at the 26th Annual Convention of the Association for Psychological Science, San Francisco, CA.
- Romm, K. F.** (2013, March). *Related words versus unrelated words: Word recall, study time, and false memories*. Poster presented at the Annual Meeting of the Eastern Psychological Association, New York, NY.

RESEARCH EXPERIENCE

[2015-present] Adolescent Development Lab
West Virginia University, Morgantown, WV
Graduate Research Assistant

- Assist with various research lab projects on parenting and adolescent development utilizing secondary data.
- Peer review lab members' research and present research at lab meetings.
- Code qualitative data on family communication.
- Supervise undergraduate research assistants.
- Assist with participant recruitment and survey data collection across elementary, middle, and high schools.

(Supervisor: Aaron Metzger, Ph.D.)

[2018-present] Individual Differences in Emotions and Adjustment Lab
West Virginia University, Morgantown, WV
Graduate Research Assistant

- Assist with various research lab projects on parenting and youth development utilizing secondary data.
- Peer review lab members' research and present research at lab meetings.
- Assist with participant recruitment and data collection across parents and adolescents.
- Supervise undergraduate research assistants.

(Supervisor: Amy Gentzler, Ph.D.)

[2017-present] Personality, Health, and Development Lab
West Virginia University, Morgantown, WV
Graduate Research Assistant

- Assist with various forms of data collection, including saliva collection and survey administration.
- Assist with survey development, tracking participants, data cleaning, and participant payments.
- Peer review lab members' research and present research at lab meetings.

(Supervisor: Nicholas Turiano, Ph.D.)

[2014-2015] OCD and Tourette's Specialty Clinic
Johns Hopkins Medical Institute, Baltimore, MD
Research Assistant

- Worked on data collection, data entry, and data analysis for an intensive Habit Reversal Training (HRT) study for the treatment of tic disorders.
- Assisted with writing a letter of intent and grant proposal to the Tourette Syndrome Association for the intensive HRT study.
- Created coding manuals, developed and organized study materials.
- Was responsible for scoring a psychological assessment battery given to each patient during intake.

(Supervisor: Matt Specht, Ph.D.)

[2013] Healthy Mommies and Babies Project
York College of Pennsylvania
Research Assistant

- Responsible for data coding of medical and psychological assessments.
- Entered data from medical and psychological assessments into excel and SPSS.

(Supervisors: Jennifer Enger, Ph.D. & Carla Strassle, Ph.D.)

TEACHING EXPERIENCE

[Fall 2018] Child and Adolescent Development
Instructor West Virginia University, Morgantown, WV

-Independently created and delivered lectures, and created and graded assignments and exams for 35 undergraduate students.

[Spring & Summer 2018] Child and Adolescent Development [Online]
Instructor West Virginia University, Morgantown, WV

-Monitored online discussions, provided feedback, graded assignments, quizzes, and exams for 35 undergraduate students.

[Summer & Fall 2017] Child and Adolescent Development [Online]
West Virginia University, Morgantown, WV

- Solely responsible for creating an online course for Child and Adolescent Development, including the creation of online modules, discussion questions, assignments, quizzes, and exams.

(Supervisor: Constance Toffle, Ph.D.)

[Fall 2016-Spring 2017, Fall 2018-Present] Introduction to Psychology
Lead Graduate Student Teaching Assistant West Virginia University, Morgantown, WV

- Instructed and supervised 15 undergraduate psychology majors completing a Psychology Capstone project (PSYC 490).
- Supervised 17 graduate teaching assistants for Introduction to Psychology.

(Supervisor: Constance Toffle, Ph.D.)

[Summer 2016] Introduction to Psychology
Graduate Teaching Assistant West Virginia University, Morgantown, WV

- Assisted with developing lectures, writing a course manual, and creating assignments, quizzes, and exams.

(Supervisor: Constance Toffle, Ph.D.)

[Fall 2015 & Spring 2016] Introduction to Psychology
Instructor West Virginia University, Morgantown, WV

- Delivered lectures, graded assignments, and proctored exams for 120 undergraduate students.
- Supervised undergraduate teaching assistants with senior capstone projects each semester.

(Supervisor: Constance Toffle, Ph.D.)

[Fall 2012 & Spring 2013] Psychology Department
Tutor York College of PA, York, PA

- Tutored numerous psychology courses, assisted students with learning course material and APA style, provided students with guidance on study habits, organization, and time management.

(Supervisor: Jennifer Engler, Ph.D.)

APPLIED WORK EXPERIENCE

[2013-2015]

Mental Health Worker

Sheppard Pratt Health System

Towson, MD

- Lead therapeutic groups with a diverse population of female adolescents on an inpatient crisis stabilization unit with a variety of emotional and behavioral difficulties.
- Monitored and documented patient progress and behavior.
- Assisted patients upon admission and discharge and ensured adherence to unit rules.
(Darby Subotich, R.N.)

[2012]

Counseling Intern

Lighthouse Christian Counseling

Centreville, MD

- Assisted a licensed clinical social worker with intake assessments.
- Observed individual, family, and group therapy sessions.
- Solely responsible for the creation of group therapy programs for young children.
(Supervisor: Julie Hickson, LCSW)

SERVICE ACTIVITIES

Departmental Service

West Virginia University, Morgantown, WV

[2018-present] **Graduate Training Committee, Student Representative**

- Attend biweekly meetings, assist in making decisions to improve graduate training within the department, gather feedback from graduate students about their current training, and deliver this feedback to the committee during meetings.

[2018]

- Voluntarily transformed an undergraduate lecture course (PSYC 343) into an online course by independently creating a syllabus, online modules, quizzes, exams, and assignments.

[2017-2018] **Faculty Evaluation Committee, Student Representative**

- Assisted in evaluating annual reviews and recommendations of tenure and promotion for faculty members within the Psychology Department.

[2016-2017] **Wellness Committee, Student Member**

- Organized graduate student health and wellness events.

[2015-present]

- Actively involved with undergraduate events throughout each year, such as being a reviewer for capstone poster sessions (fall & spring), providing tours to freshmen, serving as a panelist for psychology-focused events, and attending undergraduate and graduate student recruitment events.

Service to the Profession

- Reviewed submissions for the 2019 National Conference on Undergraduate Research.
- Reviewed submissions for the Society for the Study of Emerging Adulthood's 2017 convention.

- Reviewed submissions for the Society of Research in Child Development's 2017 convention.
- Reviewed manuscripts for Journal of Adolescence, Journal of Child and Family Studies Journal of Research on Adolescence, Children and Youth Services Review, and Social Development.

Service to the Community

[2018]

- Assisted with creating and implementing a curriculum to teach high school students about resilience and positive psychology.

[2017-2018]

- Served as a counselor for the Boy Scouts' Citizenship in the Nation Badge, in which I created and implemented a curriculum to teach youth about citizenship.

[2017]

- Volunteered to assist with the WV flood relief efforts by repairing homes with flood-related damages.

[2016, 2018]

- Organized tours of departmental research labs to inform local high school students of the various areas of psychological research.

PROFESSIONAL MEMBERSHIPS & AFFILIATIONS

[2016-present] Society for Research in Child Development

[2016-present] Society for Research in Adolescence

[2015-present] Society for the Study of Emerging Adulthood

[2013-present] American Psychological Association; Association for Psychological Science

[2012-present] York College of Pennsylvania Senior Honor Society

[2011-present] Alpha Chi National College Honor Society

[2011-present] Psi Chi, National Honor Society in Psychology