
Katelyn F. Romm, M.S.

West Virginia University
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EDUCATION

Doctor of Philosophy, Psychology, *in progress*, expected May 2020
“Adolescents’ interpretations of parental psychological control: The role of beliefs and disapproval on problematic outcomes”
Advisor: Aaron Metzger, Ph.D.
West Virginia University, Morgantown, WV

Master of Science, Psychology, May 2017
“Parental psychological control and adolescent problem behaviors: The role of depressive symptoms”
Advisor: Aaron Metzger, Ph.D.
West Virginia University, Morgantown, WV

Bachelor of Science, *Summa Cum Laude*, Psychology, May 2013
York College of Pennsylvania, York, PA

HONORS & AWARDS

- [February 2020] Society for Research on Adolescence Emerging Scholar Student Travel Award (\$200)
- [March 2019] Don Hake Award for Outstanding Graduate Student Career
Barry Edelstein Graduate Student Research Award for Best Published Master’s Thesis (\$1000)
WVU’s Department of Psychology Philip E. Comer Award for Outstanding Graduate Student Teaching Assistant
Eberly College Outstanding Graduate Teaching Assistant for 2018-2019
3-Minute Thesis Competition – Selected as one of nine finalists at WVU to present master’s thesis research. Placed third out of nine finalists (\$550)
- [December 2018] Recipient of a WVU Foundation Distinguished Doctoral Dissertation Scholarship (\$5000)
WVU’s Department of Psychology Graduate Student Award for Outstanding Service
- [March 2016-2019] WVU’s Department of Psychology Graduate Student Travel Award

- [January 2017] Society for Research in Child Development Student Travel Award (\$300)
- [April 2013] Carmen H. Owen Award for Outstanding Research in Psychology, *York College of Pennsylvania*
Behavioral Sciences Department Recognition Award, *York College of Pennsylvania*
- [April 2009-2013] All Academic Award, *York College of Pennsylvania*

PUBLICATIONS

- Ozga-Hess, J. E., **Romm, K. F.**, Felicione, N. J., Dino, G., Blank, M.D., & Turiano, N. A. (in press). Personality and impulsivity as predictors of tobacco use among young adults: A latent class analysis. *Personality and Individual Differences*.
- Romm, K. F.**, Barry, C. M., & Alvis, L. M. (in press). How the rich get riskier: Parenting and higher-SES emerging adults' risk behaviors. *Journal of Adult Development*.
- Metzger, A., Alvis, L. M., **Romm, K. F.**, Wray-Lake, L., & Syvertsen, A. (2020). Adolescents' evaluations of political leaders: The case of President Donald Trump. *Journal of Research on Adolescence*, 30, 314-330. doi: 10.1111/jora.12544
- Romm, K. F.**, Metzger, A., & Alvis, L. (2019). Parental psychological control and adolescent problematic outcomes: A multidimensional approach. *Journal of Child and Family Studies*, 29, 195-207. doi: 10.1007/s10826-019-01545-y
- Romm, K. F.**, Barry, C. M., Kotchick, B. A., DiDonato, T. E., & Barnett, J. E. (2018). Parental psychological control and identity: The roles of warmth, gender, and ethnicity. *Journal of Adult Development*, 26, 81-96. doi: 10.1007/s10804-018-9303-3
- Romm, K. F.**, & Metzger, A. (2018). Parental psychological control and adolescent problem behaviors: The role of depressive symptoms. *Journal of Child and Family Studies*, 27, 2206-2216. doi: 10.1007/s10826-018-1064-x
- Metzger, A., Babskie, E., Olson, R., & **Romm, K.** (2016). A social domain approach to informant discrepancies in parental monitoring and adolescent disclosure. *Journal of Youth and Adolescence*, 45, 2138-2150. doi: 10.1007/s10964-016-0502.6

MANUSCRIPTS UNDER REVIEW AND IN PROGRESS

- Romm, K. F.**, & Metzger, A. (under review). Profiles of parenting behaviors: Associations with adolescents' problematic outcomes. *Journal of Adolescence*.
- Romm, K. F.**, Metzger, A., Gentzler, A. L., & Turiano, N. A. (under review). Transitions in risk-behavior profiles among first-year college students. *Developmental Psychology*.
- Romm, K. F.**, Turiano, N. A., & Metzger, A. (under review). Parental emotional support during childhood and health problems during adulthood: The role of social support and social strain. *Journal of Family Psychology*.

- Metzger, A., **Romm, K. F.**, Alvis, L. M., Babskie, E. (under review). “It’s none of your business”: Adolescents’ reasons for keeping secrets about their engagement in problem behaviors. *Social Development*.
- Morrow, K., Gentzler, A. L., Wilson, T. K., **Romm, K. F.**, & Root, A. E. (under review). Maternal depression and socialization of children’s positive affect regulation. *Journal of Abnormal Child Psychology*.
- Blank, M. D., Ozga-Hess, J., **Romm, K. F.**, Alexander, L., Turiano, N., Doogan, N., & Dino, G. (in prep). Geographic isolation predicts tobacco product use among youth: A latent class analysis.
- Enlow, P. T., Williford, D. N., **Romm, K. F.**, Dino, G. A., Blank, M. D., Murray, P. J., Banvard, C. A., & Duncan, C. L. (in prep). Characterizing risk and protective factors for levels of adolescent electronic cigarette use.
- Haliwa, I. L., **Romm, K. F.**, Felicione, N. J., Ozga-Hess, J., Harman, H., Williford, D., Duncan, C., Dino, G., & Blank, M. D. (in prep). The relationship between adolescent electronic-cigarette expectancies and product use.
- Metzger, A., Alvis, L. M., & **Romm, K. F.** (in prep). Patterns of adolescent work and organized activities: Associations with problem behaviors.
- Metzger, A., **Romm, K. F.**, & Rote, W. (in prep). Adolescents’ beliefs about problem eating: A person-centered approach.
- Ozga-Hess, J. E., Douglas, A., **Romm, K. F.**, Dino, G., Alexander, L., & Blank, M. D. (in prep). Rural disparities in United States tobacco use: Special considerations for researchers and policymakers.
- Thomas, C., Wilson, T., **Romm, K. F.**, & Gentzler, A. (in prep). Parental emotion socialization styles as a protective factor against helicopter parenting in adolescence.

CONFERENCE PRESENTATIONS

- *Strauss, S., **Romm, K. F.**, Chappell, A., & Metzger, A. (2020, May). *Perceptions of discrimination among today’s adolescents*. Poster accepted to the Society of Research in Child Development Special Topics Meeting: Constructing the ‘Other,’ Rio Grande, Puerto Rico.
- ***Romm, K. F.**, & Metzger, A. (2020, March). *Adolescents’ interpretations of parental psychological control: Implications for problematic outcomes*. Paper accepted to the meeting of the Society for Research on Adolescence, San Diego, CA.
- *Metzger, A., **Romm, K. F.**, & Alvis, L. (2020, March). *Civic engagement and channeling emotions: Longitudinal links between youth engagement and socioemotional competencies*. Paper accepted to the meeting of the Society for Research on Adolescence, San Diego, CA.
- *Metzger, A., **Romm, K. F.**, & Alvis, L. (2020, March). *Adolescent work for pay and engagement in organized activities: A person-centered perspective*. Poster accepted to the meeting of the Society for Research on Adolescence, San Diego, CA.

- *Wilson, T., **Romm, K. F.**, Rowe, H., Moran, K., Gentzler, A., & Root, A. (2020, March). *The influence of various parental emotion socialization behaviors on adolescents' emotion regulation*. Poster accepted to the meeting of the Society for Research on Adolescence, San Diego, CA.
- *Damitz, R., Dino, G., **Romm, K. F.**, & Turiano, N. A. (2020, March). *Familial adversity During childhood predicts substance abuse during the transition to college*. Poster accepted to the meeting of the Society for Research on Adolescence, San Diego, CA.
- *Gentzler, A., DeLong, K., Lempka, S., Hughes, J., **Romm, K. F.**, & Kristjansson, A. (2020, March). *Implicit attitudes about alcohol predict actual alcohol use in more stressed but not less stressed adolescents*. Paper accepted to the meeting of the Society for Research on Adolescence, San Diego, CA.
- *Anderson, S., Gormley, W. T., Claessens, A., Magnuson, K., & **Romm, K. F.** (2020, March). *Does early childhood education help to improve high school outcomes? Results from Tulsa*. Paper accepted to the meeting of the Society for Research on Educational Effectiveness, Crystal City, VA.
- Romm, K. F.**, Ozga-Hess, J. E., Felicione, N. J., Dino, G., Blank, M. D., & Turiano, N. A. (2020, March). *Personality and impulsivity as predictors of tobacco use among young adults: A latent class analysis*. Poster presented at the 26th Annual Meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Romm, K. F.**, Dino, G., Blank, M. D., & Turiano, N. A. (2020, March). *Childhood adversity and tobacco use during the transition to college: The role of self-control and purpose*. Poster presented at the 26th Annual Meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Blank, M. D., Ozga-Hess, J., **Romm, K. F.**, Alexander, L., Turiano, N., Doogan, N., & Dino, G. (2020, March). *Geographic isolation predicts tobacco product use among youth: A latent class analysis*. Poster presented at the 26th Annual Meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Haliwa, I. L., **Romm, K. F.**, Felicione, N. J., Ozga-Hess, J., Harman, H., Williford, D., Duncan, C., Dino, G., & Blank, M. D. (2020, March). *Adolescents' product use as a function of electronic cigarette expectancies*. Poster presented at the 26th Annual Meeting of the Society for Research on Nicotine and Tobacco, New Orleans, LA.
- Romm, K. F.**, Turiano, N. A., Metzger, A., & Gentzler, A. L. (2019, October). *Transitions in risk-behavior profiles among first-year college students*. Paper presented at the 8th Conference of the Society for the Study of Emerging Adulthood, Toronto, CA.
- Romm, K. F.**, Ozga-Hess, J. E., Felicione, N. J., Dino, G., Blank, M. D., & Turiano, N. A. (2019, October). *Personality and impulsivity as predictors of tobacco use among young adults: A latent class analysis*. Poster presented at the 4th NIH Tobacco Regulatory Science Meeting, Bethesda, MD.
- Blank, M. D., Ozga-Hess, J., **Romm, K. F.**, Alexander, L., Turiano, N., Doogan, N., & Dino, G. (2019, October). *Geographic isolation predicts tobacco product use among youth: A latent class analysis*. Poster presented at the 4th NIH Tobacco Regulatory Science Meeting, Bethesda, MD.

- Haliwa, I. L., **Romm, K. F.**, Felicione, N. J., Ozga-Hess, J., Harman, H., Williford, D., Duncan, C., Dino, G., & Blank, M. D. (2019, October). *The relationship between adolescent electronic-cigarette expectancies and product use*. Poster presented at the 4th NIH Tobacco Regulatory Science Meeting, Bethesda, MD.
- Galdieri, D., **Romm, K. F.**, & Toffle, C. (2019, June). *Early alert systems and undergraduate student performance*. Poster presented at the Eastern Teaching of Psychology conference, Staunton, VA.
- Romm, K. F.**, & Metzger, A. (2019, March). *Parental psychological control and adolescents' domain-specific secrecy and disclosure*. Poster presented at the meeting of the Society for Research in Child Development, Baltimore, MD.
- Romm, K. F.**, Turiano, N. A., Gentzler, A., & Metzger, A. (2019, March). *Parental attachment and patterns of adolescents' health-risk behaviors*. Poster presented at the meeting of the Society for Research in Child Development, Baltimore, MD.
- Metzger, A., **Romm, K. F.**, & Rote, W. (2019, March). *Adolescents' beliefs about problem eating: A person-centered approach*. Poster presented at the meeting of the Society for Research in Child Development, Baltimore, MD.
- Turiano, N. A., **Romm, K. F.**, Blank, M. D., Gentzler, A. L., Giacobbi, P., & Dino, G. A. (2019, March). *Early familial experiences predict mental health and substance use patterns during the transition to college*. Poster presented at the meeting of the Society for Research in Child Development, Baltimore, MD.
- Romm, K. F.**, Metzger, A., & Alvis, L. M. (2018, April). *Dimensions of parental psychological control and adolescent outcomes: The role of autonomy*. Poster presented at the meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Romm, K. F.**, & Metzger, A. (2018, April). *Patterns of parenting behaviors: Associations with adolescent problematic outcomes*. Poster presented at the meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Metzger, A., **Romm, K. F.**, & Alvis, L. M. (2018, April). *Youth civic engagement and developmental competencies: An examination of age-specific links*. Talk presented at the meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Romm, K. F.**, Barry, C. M., & Alvis, L. M. (2017, November). *How the rich get riskier: The role of parenting on affluent emerging adults' risk behaviors*. Paper presented at the 8th Conference of the Society for the Study of Emerging Adulthood, Washington, DC. Symposium Title: *The role of parenting on emerging adult outcomes: A mixed-methods and cross-cultural approach*, chaired.
- Romm, K. F.**, Alvis, L. M., & Metzger, A. (2017, April). *Parental psychological control and adolescent problem behaviors: The role of depressive symptoms*. Poster presented at the meeting of the Society for Research in Child Development, Austin, TX.
- Romm, K. F.**, Alvis, L. M., & Metzger, A. (2017, April). *Associations between parental psychological control and adolescent outcomes: A multidimensional approach*. Poster presented at the meeting of the Society for Research in Child Development, Austin, TX.

- Alvis, L. M., **Romm, K. F.**, & Metzger, A. (2017, April). *Reciprocal effects of youth political beliefs and political discussion: A panel analysis*. Poster presented for the meeting of the Society for Research in Child Development, Austin, TX.
- Romm, K. F.**, Barry, C. M., Kotchick, B. A., DiDonato, T. E., & Barnett, J. E. (2015, October). *Parental psychological control and identity development during emerging adulthood: The moderating roles of parental warmth, ethnicity, and family income*. Poster presented at the Conference on Emerging Adulthood, Miami, FL.
- Romm, K. F.**, Barry, C. M., Kotchick, B. A., DiDonato, T. E., & Barnett, J. E. (2015, April). *Parental psychological control and identity development during emerging adulthood: The moderating roles of parental warmth, ethnicity, and family income*. Poster presented at the Sixth Annual Emerging Scholars Celebration of Graduate Research, Baltimore, MD.
- Romm, K. F.**, Engler, J. N., & Strassle, C. G. (2014, May). *Marital status and mental health during pregnancy: Risk factors for postpartum depression*. Poster presented at the 26th Annual Convention of the Association for Psychological Science, San Francisco, CA.
- Romm, K. F.** (2013, March). *Related words versus unrelated words: Word recall, study time, and false memories*. Poster presented at the Annual Meeting of the Eastern Psychological Association, New York, NY.

*Conference canceled due to COVID-19

RESEARCH EXPERIENCE

[August 2015-present]

Graduate Research Assistant

Adolescent Development Lab

West Virginia University, Morgantown, WV

- Assist with various research lab projects on parenting and adolescent development utilizing secondary data.
 - Peer review lab members' research and present research at lab meetings.
 - Code qualitative data on family communication.
 - Supervise undergraduate research assistants.
 - Assist with participant recruitment and survey data collection across elementary, middle, and high schools in Minnesota and West Virginia.
- (Supervisor: Aaron Metzger, Ph.D.)

[January 2017-present]

Graduate Research Assistant

Personality, Health, and Development Lab

West Virginia University, Morgantown, WV

- Assist with various forms of data collection, including saliva collection and survey administration.
 - Assist with survey development, tracking participants, data cleaning, and participant payments.
 - Conduct longitudinal statistical analyses to understand the physiological and psychological predictors of health-risk behaviors throughout the transition to college.
 - Peer review lab members' research and present research at lab meetings.
- (Supervisor: Nicholas Turiano, Ph.D.)

[June 2018-present] Individual Differences in Emotions and Adjustment Lab
Graduate Research Assistant West Virginia University, Morgantown, WV

- Assist with various research lab projects on parenting and youth development utilizing secondary data.
- Peer review lab members' research and present research at lab meetings.
- Assist with participant recruitment and data collection across parents and adolescents.
- Supervise undergraduate research assistants.
(Supervisor: Amy Gentzler, Ph.D.)

[May 2019-present] Prevention Research Center
Graduate Research Assistant West Virginia University, Morgantown, WV

- Assist with data cleaning for projects examining physical activity interventions implemented among youth.
- Assist with data analysis for conference abstracts and manuscripts.
- Attend monthly Tobacco Research Initiative meetings in which I assist with developing research ideas, running statistical analyses, creating conference presentations, and writing manuscripts related to tobacco and substance use.
(Supervisors: Lesley Cottrell, Ph.D., Geri Dino, Ph.D.)

[May 2019-present] West Virginia University, Morgantown, WV
Graduate Research Assistant

- Assist with multiple grants, including a grant examining the role of pre-k on developmental outcomes among youth through high school and a grant examining the influence of school-based health centers on health and socioemotional outcomes among youth throughout West Virginia.
- Responsible for cleaning and managing longitudinal school administrative data, conducting analyses, and assisting with manuscript writing.
- Assist with preparing for and conducting qualitative interviews.
(Supervisor: Sara Anderson, Ph.D.)

[June 2014-July 2015] OCD and Tourette's Specialty Clinic
Research Assistant Johns Hopkins Medical Institute, Baltimore, MD

- Worked on data collection, data entry, and data analysis for an intensive Habit Reversal Training (HRT) study for the treatment of tic disorders.
- Assisted with writing a letter of intent and grant proposal to the Tourette Syndrome Association for the intensive HRT study.
- Created coding manuals, developed and organized study materials.
- Was responsible for scoring a psychological assessment battery completed by patients during intake sessions.
(Supervisor: Matt Specht, Ph.D.)

[January 2013 – May 2013] Healthy Mommies and Babies Project
Research Assistant York College of Pennsylvania

- Responsible for data coding of medical and psychological assessments.
- Entered data from medical and psychological assessments into excel and SPSS.
(Supervisors: Jennifer Enger, Ph.D. & Carla Strassle, Ph.D.)

TEACHING EXPERIENCE

[August 2018 - December 2018] Child and Adolescent Development
Instructor West Virginia University, Morgantown, WV
-Independently created and delivered lectures, and created and graded assignments and exams for 35 undergraduate students.

[May 2018 – August 2018] Child and Adolescent Development [Online]
Instructor West Virginia University, Morgantown, WV
-Monitored online discussions, provided feedback, graded assignments, quizzes, and exams for 35 undergraduate students.

[May 2017- December 2017] Child and Adolescent Development [Online]
West Virginia University, Morgantown, WV
- Solely responsible for creating an online course for Child and Adolescent Development, including the creation of online modules, discussion questions, assignments, quizzes, and exams.
(Supervisor: Constance Toffle, Ph.D.)

[August 2016-May 2017, August 2018-May 2019] Introduction to Psychology
Lead Graduate Student Teaching Assistant West Virginia University, Morgantown, WV
- Instructed and supervised 15 undergraduate psychology majors completing a Psychology Capstone project (PSYC 490).
- Supervised 17 graduate teaching assistants for Introduction to Psychology.
(Supervisor: Constance Toffle, Ph.D.)

[May 2016 – August 2016] Introduction to Psychology
Graduate Teaching Assistant West Virginia University, Morgantown, WV
- Assisted with developing lectures, writing a course manual, and creating assignments, quizzes, and exams.
(Supervisor: Constance Toffle, Ph.D.)

[August 2015 - May 2016] Introduction to Psychology
Instructor West Virginia University, Morgantown, WV
- Delivered lectures, graded assignments, and proctored exams for 120 undergraduate students.
- Supervised undergraduate teaching assistants with senior capstone projects each semester.
(Supervisor: Constance Toffle, Ph.D.)

[August 2012 - May 2013] Psychology Department
Tutor York College of PA, York, PA
- Tutored numerous psychology courses, assisted students with learning course material and APA style, provided students with guidance on study habits, organization, and time management.
(Supervisor: Jennifer Engler, Ph.D.)

APPLIED WORK EXPERIENCE

[December 2013 – July 2015]

Sheppard Pratt Health System
Towson, MD

Mental Health Worker

- Lead therapeutic groups with a diverse population of female adolescents on an inpatient crisis stabilization unit with a variety of emotional and behavioral difficulties.
- Monitored and documented patient progress and behavior.
- Assisted patients upon admission and discharge and ensured adherence to unit policy.
(Darby Subotich, R.N.)

[May 2012 – August 2012]

Lighthouse Christian Counseling
Centreville, MD

Counseling Intern

- Assisted a licensed clinical social worker with intake assessments.
- Observed individual, family, and group therapy sessions.
- Solely responsible for the creation of group therapy programs for young children.
(Supervisor: Julie Hickson, LCSW)

PROFESSIONAL SERVICE

Service to the Department

West Virginia University, Morgantown, WV

[August 2018 – May 2019] **Graduate Training Committee, Student Representative**

- Attend biweekly meetings, assist in making decisions to improve graduate training within the department, gather feedback from graduate students about their current training, and deliver this feedback to the committee during meetings.

[January 2018 – May 2018]

- Voluntarily transformed an undergraduate lecture course (PSYC 343) into an online course by independently creating a syllabus, online modules, quizzes, exams, and assignments.

[August 2017 – May 2018] **Faculty Evaluation Committee, Student Representative**

- Assisted in evaluating annual reviews and recommendations of tenure and promotion for faculty members within the Psychology Department.

[August 2016 – May 2017] **Wellness Committee, Student Member**

- Organized graduate student health and wellness events.

[August 2015 - present]

- Actively involved with undergraduate events throughout each year, such as being a reviewer for capstone poster sessions (fall & spring), providing tours to freshmen, serving as a panelist for psychology-focused events, and attending undergraduate and graduate student recruitment events.

Service to the Profession

Ad-Hoc Journal Reviews

- Journal of Adolescence, Journal of Applied Developmental Psychology, Journal of Child and Family Studies, Children and Youth Services Review, Journal of Research on Adolescence, PsyCh Journal, Social Development

Briefing Notes

- Nicotine and Tobacco Research (2020)

Conference Reviews

- Society of Research in Child Development (2017), Society for the Study of Emerging Adulthood (2017, 2019), National Conference on Undergraduate Research (2019), NIH Tobacco Regulatory Science Meeting (2019)

Service to the Community

[December 2018]

- Assisted with creating and implementing a curriculum to teach high school students about resilience and positive psychology.

[February 2017 & February 2018]

- Served as a counselor for the Boy Scouts' Citizenship in the Nation Badge, in which I created and implemented a curriculum to teach youth about citizenship.

[June 2017]

- Volunteered to assist with the WV flood relief efforts by repairing homes with flood-related damages.

[December 2016 & December 2018]

- Organized tours of departmental research labs to inform local high school students of the various areas of psychological research.

Professional Memberships

[2016-present] Society for Research in Child Development

[2016-present] Society for Research on Adolescence

[2015-present] Society for the Study of Emerging Adulthood

SKILLS

- Statistical and analytic: Structural equation modeling, latent profile analysis, latent transition analysis, factor analysis, latent growth modeling, longitudinal path modeling, hierarchical modeling with nesting
- Statistics packages: SPSS, SAS, Stata, Mplus, Amos